

**FREE STROKE CARE WORKSHOPS**

St. Lawrence College is hosting these workshops at their campus, 100 Portsmouth Avenue, Kingston.

# THE BRAIN THE BODY AND YOU

For front-line health care providers (eg. PSW, RPN, RN, Rehab Assistants and Restorative Care Aides) caring for stroke survivors and other related patient populations in the following care settings: long term, community, acute, complex continuing care and other related areas.

Learn, perform, practice and enhance your care and support techniques to promote safety, comfort and dignity for stroke survivors and other client populations.

## Join Us for FREE Stroke Care Workshops at St. Lawrence College, Kingston!

Date of Workshop	Time	Name of Workshop
Wednesday November 6	4:00-8:00pm	Stroke care prevention to life after stroke & continence care
Wednesday November 13	4:00-8:00pm	Communication & behavior
Thursday November 21	4:00-8:00pm	Mobility
Wednesday November 27	4:00-8:00pm	Nutrition, hydration & feeding

All learning materials and refreshments will be provided. Please dress comfortably and wear shoes suitable for safe care provision as you will be actively participating in all of these workshops.

**Register online at:**

<http://www.slccorporatetraining.ca/programs-and-services/registration.html>

Please indicate "BBY" on form and specify dates

Email: [corporatelearning@sl.on.ca](mailto:corporatelearning@sl.on.ca)

Phone: 613-544-5400 x 1884

This course is made available with funding from the Stroke Network of Southeastern Ontario, a partner in the Ontario Stroke System.



Strategic learning for real results.